GENERAL INFORMATION

All registrations are processed on a first come-first serve basis. The department reserves the right to cancel or consolidate classes depending on registration. A full refund will be issued for all cancelled classes. All classes are held at the Island Lake Village Hall, 3720 Greenleaf Avenue, except as noted in course descriptions. All participants must register through the Parks and Recreation Department, payment must accompany registration.

PHOTO RELEASE

During the session, there may be times when participants will be photographed. These photos may be used for decorating our bulletin board or other publicity purposes, as well as appear in our Recreation Guides. If you do not wish photos to be taken, please inform the Recreation Administrator.

LATE PICK UP PROCEDURES

Parks and Recreation Staff cannot be responsible for children who are not picked up on time. Offenders will be charged \$15 for every 15 minutes of tardiness, payable before the child can return to class.

REFUNDS

All Recreation classes are run depending upon enrollment. If the Recreation Department cancels a class, a full refund will be issued. All refunds requested must be in writing and are subject to a \$20 handling fee. If you choose to keep the credit on your account, the fee will be waived. NO REFUNDS are given after class begins. Refunds are processed through the Village's Administrative Department and may take 4-6 weeks to be mailed.

FOR MORE INFORMATION

Village of Island Lake Recreation Department 3720 Greenleaf Ave. Island Lake, IL 60042

Contact Parks and Recreation at 847-526-4851 Email: lori.tanzillo@voislk.com

Contact Creative Playtime Preschool at 847-526-8795 Email: preschool@voislk.com

Club Cell Phone at 847-977-9147

Office Hours

Monday thru Friday 8:00 a.m. - 1:00 p.m. Closed Weekends



2014

Island Lake
Parks &
Recreation
Guide

Fall/Winter Session

Rev. 8/13/14

NANTUCKET WAY-BRITTANY LN.-7

21)

(19)

ISLAND

(9)

VILLAGE LIMITS

5

(6)

ABOUT OUR INSTRUCTORS:

Gerry Bryak is a certified Yoga instructor. She holds a 200 hour yoga certificate and has been teaching over two years. Gerry believes in the transformative effects of the stretching and toning that yoga offers. She also feels that its meditative quality can relieve stress and lead one to a place of inner peace! She welcomes all levels of ability to her classes.

Come try a class for FREE! Wednesday 7pm or Saturday 8 am!

EVENING YOGA FOR ADULTS

This class will include gentle variations on yoga asanas (poses) and guided techniques to relax your mind and body. Dress comfortably and bring a yoga mat, small pillow and blanket. Sign up anytime fee will be prorated.

Course # 125-01

Date: 9/10-11/5 (8 Weeks) Age 16 yrs-Adult

Day: Wednesday
Time: 7:00-8:00pm
Fee: Res.\$55/Non.\$60

Location: Gym Min/Max: 8/15

Instructor: Gerry Bryak

SATURDAY MORNING YOGA

This Hatha Yoga class is designed for both beginning and continuing students. Bring a mat and wear loose fitting clothes. You may join at any time fee will be prorated.

Course # 125-02
Date: 9/13-11/8 (8)
Age: 16 yrs-Adult
Day: Saturday
Time: 8:00-9:15am
Fee: Res.\$55/Non.\$60

Location: Gym Min/Max: 8/15

Instructor: Gerry Bryak



CHILDREN'S YOGA CLASS

This class will guide your child to explore yoga poses, breathing techniques, and guided imagery while conveying lessons in self-expression, body image, social skills, and positive thinking. Miss Gerry has over 20 years of experience as a classroom teacher and is very happy to share her love of yoga with children!

Course # 125-03 Date: 9/10-11/5 (8)

Age: Kindergarten-3rd Grade

Day: Wednesday
Time: 4:00-4:45pm
Fee: Res.\$35/Non.\$40

Location: Gym Min/Max: 8/15

Instructor: Gerry Bryak

TEEN YOGA

Fee:

Teens, this class is just for you! Want to reduce the stress of everyday school and social life? Allow yoga to boost your confidence, tone and shape your body while improving your health and well-being. It can also enhance your performance in sports and academics. All levels are welcome. Please bring a mat to class.

Course # 125-04
Date: 9/10-11/5 (8)
Age: All Levels Wednesday
Time: 5:00-6:00pm

Res.\$35/Non.\$40

Location: Gym Min/Max: 8/15

Instructor: Gerry Bryak



ZUMBA

THE ORIGINAL DANCE FITNESS PARTY

Are you ready to party yourself into shape? Forget the workout just lose yourself in the music and find yourself in shape at the original dance-fitness party. The classes feature exotic rhythms set to high-energy Latin and international beats. Before you know it you'll be getting fit and your energy levels will be soaring! Drop-in participants welcome. Please arrive 15 minutes before class to complete registration.

Course # 170-01
Date: Ongoing
Age: 14 yrs-Adult
Day: Tuesday
Time: 7:00-8:00pm
Fee: Res.\$80/Non.\$85

Location: Gym Min/Max: 5/20

Instructor: Lorraine Have

ZUMBA THE ORIGINAL DANCE FITNESS PARTY

Are you ready to party yourself into shape? Forget the workout just lose yourself in the music and find yourself in shape at the original dance-fitness party. The classes feature exotic rhythms set to high-energy Latin and international beats. Before you know it you'll be getting fit and your energy levels will be soaring! Drop-in participants welcome. Please arrive 15 minutes before class to complete registration.

Course # 170-02
Date: Ongoing
Age: 14 yrs-Adult
Day: Wednesday
Time: 8:15-9:15pm
Fee: Res.\$80/Non.\$85

Location: Gym Min/Max: 5/20

Instructor: Lorraine Haye

ZUMBA GOLD

Groove to Latin and World Music for exercise. The easy to follow program that lets you move to the beat at your own speed. It's an invigorating, community-oriented dance-fitness class that feels fresh, and most of all exhilarating. Zumba Gold uses low impact dance moves for active seniors and those with physical limitations. Drop-in participants welcome. Please arrive 15 minutes before class to complete registration.

Course # 170-03
Date: Ongoing
Age: 50 yrs and Older
Day: Monday

Time: 9:00-10:00am
Fee: Res.\$80/Non.\$85

Location: Gym Min/Max: 5/20

Instructor: Lorraine Haye



TAEKWONDO

The Taekwondo, one of the newest Olympic Sports, is a 2000-year old martial art, offering a variety of benefit for people of all ages and physical abilities. Students have the opportunity to improve their concentration and self-esteem, achieve lifelong physical fitness and self-defense skills. Classes are taught under the direction of Grand Master K. H. Kim (9th Dan Kukkiwon World TKD Headquarters). K H Kim uniform shall be purchased for the classes. Belt testing is regularly offered twice a year or by student improvement. Color belt students will have to wear sparring gears on that training exercise. For more information contact Master Matt Farkas at 630-456-3552. Please look for us on Facebook: Matt Shifu

YOUTH TAEKWONDO

This program includes a balanced cardiovascular This program focusing on a balanced and coordinated workout, including punching, kicking and blocking using self-control in the Taekwondo tradition. Participants will improve their power of concentration and both physical & mental discipline.



#906-01 4-12 yrs Thursday Date: **ON-GOING** 5:30 - 6:15 p.m.

Time: Location: Gym

Res. \$90/Non Res. \$120 (10/ Fee:

wks)

4/12 Min/Max:

KHKim Staff Instructor:

TEEN-ADULT TAEKWONDO

Restricted to junior high school students and older, this program concentrates on Taekwondo techniques through the study of forms, stances, and the skills of punching, kicking, and blocking. This is a great program for those looking to maintain and improve their physical fitness.

SESSIONS BEGIN AGAIN IMMEDIATELY AFTER FOR **ANOTHER 10 WEEKS**

#906-02 Course 13-Adult yrs Age: Day: **Thursday** Date: **ON-GOING** Time: 6:30 - 7:15 p.m.

Fee: Res. \$90/Non Res. \$120 (10)

Min/Max:

Location:

KHKim Staff Instructor:

ADULT TAEKWONDO

This program offers opportunity to train your body to be more flexible than ever as well as learning new skills of balance, power and speed through variety of practices of forms, stances, breaking and even sparring. You are never too old to be young again!

906-03 Course Date: **Ongoing** Age: 19 yrs-Adult Day: Thursday Time: 7:00-7:45pm

Res.\$90/Non.\$9(10/wks) Fee:

Location: Gym Min/Max: 5/20

Instructor: **Master Matt Farkas**



VOLLEYBALL

Volleyball will be meeting at Cotton Creek Elementary School in the gym. It is a noncompetitive program. Half of the class will consist of practicing skills and the other half of the class will be playing game like settings. Last class will consist of playing an entire game of volleyball. This league is geared towards learning to enjoy the game and have fun.

Course # 311-01

8/27-10/8 (7 Weeks) Date: 10-15 yrs (Co-Ed) Age: Wednesday Day: Time: 5:45-6:45pm Fee: Res.\$55/Non.\$60

Location: Gym Min/Max: 7/20

Instructor: **Keith Bryant**

FALL BASKETBALL

Fall basketball will be meeting at Cotton Creek Elementary School in the gym. It is a noncompetitive program. Half of the class will consist of practicing skills and the other half of the class will be playing game like settings. Last class will consist of playing an entire game of basketball. This league is geared towards learning to enjoy the game and have fun.

322-01 Course

10/15-11/19 (6 Weeks) Date: 8-12 yrs (Co-Ed) Age:

Wednesday Day: Time: 5:45-6:45pm Res.\$55/Non.\$60 Fee:

Location: Gym Min/Max: 7/20

Keith Bryant Instructor:

FLOOR HOCKEY

Floor hockey will be meeting at Cotton Creek Elementary School in the gym. It is a noncompetitive program. Half of the class will consist of practicing skills and the other half of the class will be playing game like settings. Last class will consist of playing an entire game of floor hockey. This league is geared towards learning to enjoy the game and have fun.

Course #365-01

Date: 12/3-1/28 (7 Weeks) Age: 8-12 yrs (Co-Ed) Day: Wednesday 5:45-6:45pm Time: Res.\$55/Non.\$60 Fee:

Gym Location: Min/Max: 7/20

Keith Bryant Instructor:



WINTER BASKETBALL

Winter basketball will be meeting at Cotton Creek Elementary School in the gym. It is a noncompetitive program. Half of the class will consist of practicing skills and the other half of the class will be playing game like settings. Last class will consist of playing an entire game of basketball. This league is geared towards learning to enjoy the game and have fun.

#322-01 Course

Date: 2/4-3/18 (6 Weeks) 8-12 yrs (Co-Ed) Age: Wednesday Day: Time: 5:45-6:45pm Res.\$55/Non.\$60 Fee:

Location: Gym 7/20 Min/Max:

Keith Bryant Instructor:

TODDLER TIME MUSIC

Come join the fun. Learn some silly songs and make your own instruments for our "Big Band Parade." We will be using rhythm sticks and making our own puppets to sing along. Those are just a few things we will be having fun with. Nancy has had over 15 years experience teaching and working with Pre-School aged children. Nancy is extremely passionate about children learning through all mediums.

Course # 470-02 Age: 3-5 years Day: Mondays

Date: Sept. 8th (6 classes)
Time: 10:15 to 11:00

Fee: Res. \$35.00/Non \$40.00

Location: Gym

Instructor: Nancy Dopita

GUITAR

These very popular lessons are taught specific to the individual student's needs. Our teacher, Michael Ripoli has studied music theory, Jazz and Classical Guitar. Tuesday and Saturday classes are available. Each private class is a 1/2 hour lesson. We have limited openings. Please call for available times.

Course # 470-01
Age: 5 yrs-Adult
Day: Tues. & Sat.
Date: Ongoing
Time: Call for times
Fee: Res. \$16/\$18

Location: AR2



DIABETIC DISCUSSION GROUP

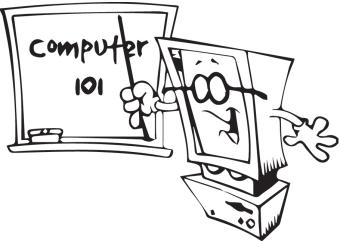
We are now forming a support group for diabetics. This program will allow you to meet with other diabetics and exchange information, recipes, supply sources, ect.

Course # 835-00 Date: 9/10/14

Age: 18 yrs and Older
Day: Wednesday
Time: 1:00-3:00pm
Fee: Free of Charge
Location: Senior Center

Min/Max: 5/20

Instructor: Don Verciglio



COMPUTER CLASS

In this class we will answer general computer questions, and hold a beginning class on excel and word. Please bring your laptop if you can and something to take notes with. We will have one extra laptop available on site.

Course # 855-00

Date: 9/11/14 (6 Weeks)
Age: 18 yrs and Older
Day: Thursday

7:00-8:00pm 8:00-9:00pm

Fee: Free of Charge Location: Senior Center

Min/Max: 5/20

Time:

Instructor: Don Verciglio



2014-2015 Before & After School Club

The Village of Island Lake offers a Before and After School CLUB Program at Cotton Creek School during the school year. The Morning Program runs from 6:30 a.m. - 9:05 a.m. Monday through Thursday, and from 6:30 a.m.-9:30a.m. on Fridays. The Afternoon Program runs from 3:40 p.m. - 6:00 p.m. A light snack is served in both the Morning and Afternoon Program.

During CLUB hours your child will participate in a variety of activities including quiet/homework time, games, sports and free time.

To register for this program, Please visit or send forms to the Recreation Office at the Village Hall. A \$30 non-refundable registration fee per child will be required at the time of registration. Tuition will be discounted when you have more than one child enrolled. After your initial registration, all monthly tuition may be dropped off in the CLUB Tuition Envelope, mailed to the Village of Island Lake or dropped off at the Recreation Office at the Village Hall during business hours (8:00a.m. to 1:00p.m. Monday through Friday). We also provide drop off after hours at the front door drop box located at the Village Hall. All cash payments MUST be made in person. We are not responsible for cash payments dropped off. The following tuition schedule is based on 179 school days divided by nine months. Your tuition amount remains the same each month regardless of days off.

*During non-attendance school days, we also offer a full-day program (6:30 a.m. - 6:00 p.m.) at the Village Hall. Field trips or Fun activities are planned for these days. Advance registration is required with an additional fee for these days. See Box Below.

For more information or to register for CLUB please call Lori Tanzillo at 847-526-4851. You may find the registration information on the website at www.villageofislandlake.com

MONTHLY TUITION K - 5TH 1st Child / 2nd Child

AM \$ 130 / \$120 **PM** \$ 126 / \$116 **BOTH** \$ 234 / \$220

*Club Children \$35/all day care 6:30 a.m. - 6:00 p.m. Fees include day care and 2 snacks (field trips are extra)



KIDDIE KLUB

Come join the after school fun! This is a program to provide parents a little more time after their child has finished their Creative Playtime class or morning Kindergarten. It will enhance Pre-school/Kindergarten activities, as well as seasonal crafts, exercise, games, cooking, story time, and much more. Your child must be 3 by Sept.1st. You must provide your own transportation from Cotton Creek School to the Village Hall, but you must pick up your child at 3:00 P.M. at the Village. This is Monday through Thursday care only. We do require one week's notice on which days your child will be attending. If you are going to use the bus service for your kindergartner, proper transportation forms must be filled out and Cotton Creek will need to be notified. We will have special lunch day on Wednesdays, the other days you will need to provide a lunch for your child.

Course # 665-01 3-5/6yrs. Age:

Monday through Thursday Days:

Starting, Sept.2nd Date: Time: 11:30 - 3:00

Location: 1st hour, Village gymnasium

or outdoors/remainder AR2

6:00pm

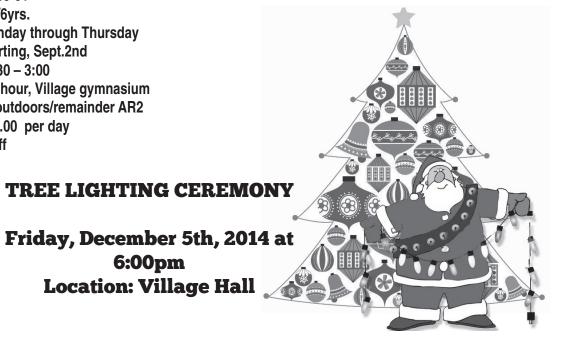
Fee: \$18.00 per day

Instructor: Staff

OPEN GYM FOR TOTS AND TODDLERS

During the winter months when the weather is inclement and your little ones are active, come and play with us. Parents are REQUIRED to stay and supervise. This is a great way to meet and visit with other parents. Open gym follows the school schedule, so if there is no open school there is no open gym. Open gym may have to be cancelled at times when special events will be taking place. Open gym will start the October 3rd.

3 - 5yrs. Day: **Fridays** Time 11:30 - 1:00 Location: Gym Free Guardians Instruction:







Parks and Recreation Department 3729 Greenleaf Ave. Island Lake, IL 60042

Saturday, November 22nd 10:00am to 4:00pm Sunday, November 23rd 10:00am to 4:00pm



Crafters Wanted

For additional information, please contact:

Recreation: 847-526-4851 Email: lori.tanzillo@voislk.com

PARENT'S NIGHT OUT

Bring your sleeping bags, pillows, friends, favorite games, ect. It's a sleepover at the Village. Snacks and breakfast will be included. There will be adult chaperones. This will be a secured event and no one will be allowed to leave the designated areas without the chaperones, parents, or designated guardians. Please sign up early as we do need a minimum to run.



Course # 809-03 Age: 8 – 11yrs.

Location: Village Gym/Senior Center Fee: Res. \$20/Non \$25.00

Fee: Res. \$20/Non \$2 Min/Max: 8/15

Date: October 10th

Time: 7 P.M. Friday to 9 A.M. Saturday

MANDATORY PRE-REGISTRATION BY OCT. 3rd





REGISTER NOW FOR 2014 - 2015

Class Orientation Dates:
Section 9......Wednesday, August 20th
Section 3,5......Thursday, August 21st
Section 1......Friday, August 22nd

Classes begin Monday, August 25th

Email: preschool@voislk.com Phone: (847) 526-8795

Start your child's education off right by enrolling them in a progressive program. The 2014 sessions will encourage your child to grow emotionally, socially, physically and intellectually. We will engage your child in activities designed to expand their understanding, increase manipulative skills and promote creative potential. A typical day includes structured playtime, art, music, story time, group games, introduction to basic reading, math skills and more. We promote a low teacher/child ratio with innovative curriculum and equipment. We would love to have your child be part of our preschool family.

REGISTRATION INFORMATION

- 1) Use the registration form on the next page. Only one child per form. additional Forms are available at the Island Lake Village Hall and on the website www.villageofislandlake.com in the Current Recreation Guide.
- 2) Creative Playtime requires a nonrefundable yearly registration fee of \$40/child at the time of registration. Checks should be made payable to the Village of Island Lake.
- 3) Bring the registration form, state registered birth certificate and registration fee to the Creative Playtime Office at the Village Hall, 3720 Greenleaf Avenue, Island Lake. (see the schedule above right.)
- 4) No tuition refund after current session has begun. Refunds are subject to administrative approval and will require a \$20 handling fee.
- 5) We reserve the right to consolidate, change time or cancel a class due to registration. 5 student minimum in all classes.

2- YEAR OLD

For children born between Sept. 2, 2011 and Sept. 1, 2012

Class time is 1.5 hours of activities which emphasize goals that are specifically geared to the attention span of the 2 year old. This class is designed to be without parents. Separation is encouraged prior to the start of class in the fall.

2 Day/week

Section 9 Monday & Wednesday
Time: 9:30 a.m. - 11:00 a.m.
Fee: \$94/4 wk session

3- YEAR OLD

For children born between Sept. 2, 2010 and Sept. 1, 2011

Must be toilet trained.

Curriculum is geared to the socialization and exploratory age of three year olds. Experiences combine structure with creative learning and free play activities. Academic skills such as name, color, math & reading recognition will be introduced. Learning readiness goals will be taught with other age appropriate curriculum.

2 Days/week

Section 5 Tues & Thurs AM
Time: 9:30 - Noon
Fee: \$ 110/4 wk. session

PRE-K CLASSES

For children born between Sept. 2, 2000 and Sept. 1, 2010

Must be toilet trained.

Curriculum is geared toward expanding the intellectual growth of four year olds and preparing them for Kindergarten. Formulated with circle time, free play and art activities are basic reading recognition, math, and writing skills. Many additional curriculum units are taught promoting varied areas of academic goals.

3 Days/week

Section 1 Mon/Wed/Fri AM
Time: 9:00 -1 1:30 a.m.
Fee: \$165/4 wk. session

2 Days/week

Section 3 Tues & Thurs AM
Time: 9:00 - 11:30 a.m.
Fee: \$110/4 wk. session
Room: Activity Room

2014 - 2015 REGISTRATION FORM



Fill in all applicable areas	New Registration Currently enrolled in Section Have sibling enrolled in Section WAITING LIST ONLY (submit no fees)		
Class/Section:			
Child's full name:			
Name child goes by:			
	Amt. Pd: Date:		
Address:	CashCheck #Collected by:		
Town:Zip:	Master Card, Discover of American Express		
Phone: ()	- Credit Card#		
Email Address:	_ Exp. Date		
Mother's name:	Cardholder Name:		
Father's name:	Cardholder signature:		
Date of birth:	3 Digit Code: (A convenience fee will be applied		
	Allergies		
	f physical injury to participants in programs and I agree to assume the severity which my child/ward may sustain as a result of participating ir		
any activities connected or associated with any such progra			
"I agree to waive and relinquish all claims my child/ward m of Island Lake and its officers, agents, servants, and employ	ay have as a result of participating in the program against the Village rees."		
	d Lake and its officers, agents, servants, and employees from any and ained by my child/ward, and arising out of, connected with, or in any		
Lake reserves the right to deny admission to any child who	o the Creative Playtime Payment Schedule. The Village of Island se tuition is not paid in advance in accordance with the terms of this see of \$5.00 per week. The undersigned agrees to pay all late fees, land Lake in enforcing any of the terms of this Agreement.		
"I have read and fully understand the above release, waive	r and tuition agreement.		
(Parent/Guardian Signature)	(Date)		
14			

Village of Island Lake Parks and Recreation Program 2014 REGISTRATION FORM (Please use one form per person)

	(1 (ease ase one form per perso	511)	
Course Name:		Course #:	Fee:	
Participants Name:_				
Address:		Email:		
Phone:	(Cell Phone:		
Gender: M	F Birthday	Email: Cell Phone:Age:		
Parent Name:				
Emergency Name:_ Special Requirement	 nts/Comments:	Phone:		
	Sports classes onl	y: T-Shirt size: S(7-8) M	(10-12) L(14-16)	
(Make sure yo	u mark the correct size;	The Recreation Department	is not responsible for incorr	ect sizes)
Method of Payment: Cash_ Number:	Check#(ci Expiration	rcle one) MasterCard, Disco Date: 3-digit code	over or American Express Cardholder Name:	Credit Card
Amount of Charge:	_ (A Convenience fee w	ill be applied)	Cardholder Name:	
Authorized Signature:		Office use only: Date:	\$Owed	Inbook
sustain arising out of the accounticipants in programs and on the conticipants in programs and conticipants and relinquish all conticers, as and Lake and its officers, sustained by me or by my corogram(s)." "All fees are dury whose fees are not paid in a conticers prior arrangements he class fees, court costs and a cour bulletin boards or other	tivities of this program. It is a result of participating as a result of participating agents, servants, volunter agents, servants, and enhild/ward, and arising on the prior to the start of class accordance with this agrave been made with the ttorney's fees incurred by be times when me or a publicity purposes, as a publicity purposes, as a property of the start of th	"I recognize and acknowledge full risk of any such injuries, and in any activities connected may have as a result of pareers and employees." "I do haployees from any and all clut of, connected with, or in a cass. The Village of Island Lake eadministrator. By signing they the Village of Island Lake	claims for injuries you or you ge that there are certain risks and amages or loss regardless and or associated with any such tricipating in the program againereby fully release and disclaims resulting from injuries, any way associated with the against resulting from you agree to a \$5.00 late feet the front of this form you agree in enforcing any of the term graphed. These photos may be newsletter, Facebook or Wester and photo release."	s of physical injury to of severity which I or the program." "I agree ainst the Village of harge the Village of damages, and losses activities of any of the admission to any chillafter the classes startive to pay all late fees, s of this agreement."
		ian if Participant is under the and the photo release on thi	e age of 18 years indicates the s form."	nat I have carefully
Signature:		Date:		
Signature: nclude a self-addressed, st	amped envelope if you	would like a confirmation		

Mail or bring to: The Village of Island Lake - Recreation Department 3720 Greenleaf Ave. Island Lake, IL 60042 Phone: (847) 526-4851 Email: recreation@voislk.com