

Journey into Art

Are you creative?...artistic? If your answer is, "I can't even draw a stick figure." you're not alone. That is often what people say when asked. The truth is, creativity is not just relegated to those who we think of as "artistic."

We will explore materials and techniques and experience what it means to be creative. Throughout this process, we will learn that in each one of us, if we quiet our mind, listen with our heart, and welcome the unpredictability of the process that beautiful discoveries will flow from our hands. Choose any or all topics which speak to you. Come with a willingness to discover your own talents and be prepared to get a bit messy. **Classes for ages 14 yrs.-Adult**

2019 Vision Board

Saturday - January 12

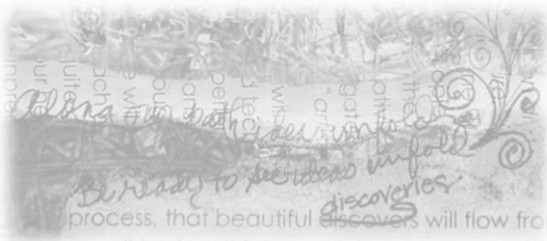
9:00 a.m. – Noon

Course ID #406-01

Fee - \$27

A new year, a new set of goals. What dreams have been tugging at your heart? In this workshop we will slow down to listen with intention to those prompts. We will combine pictures and words to create our Vision Boards. Practical *next steps* will be provided to put our dreams into action.

Please bring - scissors, 3-4 magazines in your areas of interest, a photo of yourself, and an apron. Dress comfortably.



The Heart of Journaling

Saturday - January 26

9:00 – 11:30 a.m.

Course ID #406-02

Fee - \$27

Discover the process of getting in touch with where your life is right now. Learn various ways to capture your thoughts through images, words and colors. We will explore a sense of healing and cleansing through Art Journaling.

Please bring – images which speak to you – magazine images or photos.

Letter Love

Saturday – February 9

9:00 – 11:30 a.m.

Course ID #406-03

Fee - \$27

Using an inspiring quote, we will play with different lettering styles in combination with images, colors and ephemera. We will then place our finished piece on a mat board to display as inspiration.

Please bring – an inspiration quote

Art.

Tangles & Tiles

Saturday – February 23

9:00 – 11:30 a.m.

Course ID #406-04

Fee - \$27

Exhale and discover the relaxing meditative process of creating tangles. You will be introduced to beginner level tangle techniques. We will be using permanent ink to create our tangles then applying beautiful watercolors to give it color and beauty.

Please bring – Micron Pen .01

Coffee/tea and light refreshments will be served at all our Art Journeys!